

Fargo South Girls Basketball Individual Top 10 Records thru 2008-09

Total Points:

Game:

1. Meghan Roehrich	34	2009 vs Fargo North
2. Joslynn Tharaldson	32	2004 vs West Fargo
3. Laura Kelly	31	1994 vs Devils Lake
4. Sue Hanson	30	1985 vs Fargo North
5. Katie Lee	29	2008 vs GF Central
5. Mel Hageman	29	2004 vs Wahpeton
5. Kasey Bostow	29	1997 vs Wahpeton
8. Alley Fisher	28	2009 vs Wahpeton
8. Jenna Lee	28	2004 vs Williston
8. Laura Kelly	28	1994 vs Jamestown

Season:

1. Laura Kelly	464	1994
2. Mel Hageman	409	2003-04
3. Meghan Roehrich	404	2008-09
3. Jessica Trautwein	404	2002-03
3. Jessica Trautwein	404	2001
6. Tamar Elias	386	1999
7. Sue Hanson	379	1986
8. Erica Hanson	361	1989
8. Mel Hageman	361	2002-03
10. Joslynn Tharaldson	356	2004-05

Career:

1. Laura Kelly	1104	1991 - 94
2. Jessica Trautwein	1074	2000 - 03
3. Mel Hageman	1003	2001- 04
4. Tamar Elias	912	1996 - 99
5. Elisha Kabanuk	887	1990 - 93
6. Kasey Bostow	846	1996 - 98
7. Tonah Paulson	798	1989 - 92
8. Sue Hanson	791	1984 - 86
9. Amy Triepke	790	1995 - 97
10. Erica Hanson	759	1987 - 89

Scoring Average / Game:

Season:

1. Laura Kelly	19.3	1994
2. Sue Hanson	17.2	1986
3. Joslynn Tharaldson	17.0	2004-05
4. Mel Hageman	16.4	2003-04
5. Meghan Roehrich	16.2	2008-09
5. Jessica Trautwein	16.2	2002 - 03
5. Jessica Trautwein	16.2	2001
8. Erica Hanson	15.7	1989
9. Pam Bergerson	15.6	1980
10. Sue Hanson	15.2	1985

Career:

1. Jessica Trautwein	14.9 (72 gms)	2000 - 03
2. Pam Bergerson	13.6 (48 gms)	1979 - 81
3. Mel Hageman	13.4 (75 gms)	2001-04
4. Michelle Pugh	12.8 (47 gms)	1978 - 80
5. Sue Hanson	12.5 (63 gms)	1984 - 86
6. Laura Kelly	12.4 (89 gms)	1991 - 94
7. Erica Hanson	11.3 (67 gms)	1987 - 90
8. Amy Triepke	11.1 (71 gms)	1995 - 97
9. Kasey Bostow	11.0 (77 gms)	1996 - 98
10. Elisha Kabanuk	10.2 (87 gms)	1990 - 93

Field Goals Made:

Game:

1. Laura Kelly	14	1994 vs Devils Lake
2. Meghan Roehrich	12	2009 vs Fargo North
2. Katie Lee	12	2008 vs GF Central
2. Joslynn Tharaldson	12	2004 vs West Fargo
2. Kasey Bostow	12	1998 vs Fargo North
2. Laura Kelly	12	1994 vs Shanley
2. Laura Kelly	12	1994 vs Grafton
2. Jenny Skalicky	12	1986 vs Jamestown
2. Amy Walstad	12	1986 vs Fargo North
2. Michelle Pugh	12	1979 vs Fargo North
2. Michelle Pugh	12	1979 vs Wahpeton

Season:

1. Laura Kelly	174	1994
2. Jessica Trautwein	168	2002-03
3. Jessica Trautwein	165	2001
4. Tamar Elias	152	1999
5. Jenny Skalicky	150	1987
6. Meghan Roehrich	139	2008-09
6. Amy Walstad	139	1986
8. Jane Ruliffson	138	1987
9. Tonah Paulson	134	1991
10. Mel Hageman	133	2003-04
10. Laura Kelly	133	1993
10. Sue Hanson	133	1986
10. Pam Bergerson	133	1980

Career:

1. Jessica Trautwein	431	2000 - 03
2. Laura Kelly	419	1991 - 94
3. Elisha Kabanuk	353	1990 - 93
4. Tamar Elias	350	1996 - 99
5. Mel Hageman	336	2001 - 04
6. Tonah Paulson	311	1989 - 92
7. Kasey Bostow	306	1996 - 98
8. Siri Burck	300	2006 -
9. Amy Triepke	293	1995 - 97
10. Erica Hanson	285	1987 - 90

Field Goal Percentage:

Season: (at least 75 attempts)

1. Joslynn Tharaldson	66%	2003-04
2. Katie Luecke	63%	2000
3. Kirsten Pattison	62%	2005-06
3. Mel Hageman	62%	2002-03
3. Amy Walstad	62%	1986
6. Laura Kelly	60%	1993
6. Amy Stroup	60%	2007-08
8. Amy Stroup	59%	2006-07
9. Joslynn Tharaldson	58%	2004-05
10. Katie Lee	57%	2008-09
10. Sue Hanson	57%	1985

Career:

1. Amy Walstad	60%	1984 - 86
2. Amy Stroup	59%	2005-08
2. Kirsten Pattison	59%	2005-07
2. Katie Luecke	59%	1999 - 00
5. Joslynn Tharaldson	57%	2004 - 05
6. Laura Kelly	56%	1991 - 94
7. Sue Hanson	55%	1984 - 86
8. Mel Hageman	54%	2001 - 04
8. Jessica Trautwein	54%	2000 - 03
10. Brenda Baldner	53%	1992 - 94

3 Point Field Goal Made:

Game:

1. Meghan Roehrich	10	2009 vs Fargo North
2. Alley Fisher	7	2009 vs Wahpeton
2. Jenna Lee	7	2004 vs Williston
4. Alley Fisher	5	2008 vs Bis Century
4. Jenna Lee	5	2004 vs Wahpeton
4. Rachel Wagner	5	2004 vs Red River
4. Mandy Dobmeier	5	2003 vs Jamestown
4. Colee Silovich	5	1999 vs Red River
4. Michelle Salvatore	5	1998 vs Red River
4. Julie Bentson	5	1997 vs Valley City
4. Julie Bentson	5	1997 vs Red River
4. Amy Triepke	5	1996 vs North
4. Amy Triepke	5	1996 vs Red River
4. Steffi Backer	5	1995 vs Century
4. Jenny Olsen	5	1994 vs Century
4. Michelle Salvatore	5	1996 vs Valley City

Season:

1. Alley Fisher	61	2008-09
2. Jenna Lee	53	2005-06
3. Renae Whitford	45	1999
4. Amy Hannaher	42	2003-04
4. Michelle Salvatore	42	1998
6. Amy Triepke	39	1996
7. Julie Bentson	38	1997
8. Jenna Lee	36	2004-05
8. Jenny Olsen	36	1994
10. Meghan Roehrich	35	2008-09

Career:

1. Jenna Lee	104	2003 - 06
2. Alley Fisher	88	2007 -
3. Amy Triepke	86	1995 - 97
4. Michelle Salvatore	82	1995 - 98
5. Jenny Olsen	73	1991 - 94
6. Renae Whitford	67	1996 - 99
6. Julie Bentson	67	1994 - 97
8. Meghan Roehrich	56	2007 -
9. Christa Salswedel	53	2000 - 04
10. Elisha Kabanuk	47	1990 - 93

Free Throws Made:

Game:

1. Kathy Zaun	16	1983 vs Jamestown
2. Sue Hanson	13	1985 vs GF Central
3. Joslynn Tharaldson	12	2004 vs Wahpeton
3. Kasey Bostow	12	1997 vs Red River
3. Laura Kelly	12	1994 vs St. Marys
3. Tonah Paulson	12	1991 vs North
3. Tonah Paulson	12	1990 vs Jamestown
3. Sue Hanson	12	1986 vs Devils Lake
3. Sue Hanson	12	1985 vs North
3. Pam Bergerson	12	1981 vs North
3. Pam Bergerson	12	1979 vs GF Central

Season:

1. Mel Hageman	143	2003-04
2. Sue Hanson	120	1985
3. Laura Kelly	116	1994
4. Mel Hageman	115	2002 - 03
5. Sue Hanson	113	1986
6. Joslynn Tharaldson	108	2004-05
7. Erica Hanson	105	1989
8. Kasey Bostow	97	1997
9. Sara Weigel	93	1995
10. Meghan Roehrich	91	2008-09

Career:

1. Mel Hageman	331	2001 - 04
2. Laura Kelly	266	1991 - 94
3. Sue Hanson	257	1984 - 86
4. Kasey Bostow	235	1996 - 98
5. Jessica Trautwein	213	2000 - 03
6. Tamar Elias	212	1996 - 99
7. Erica Hanson	189	1987 - 89
8. Tonah Paulson	172	1989 - 92
9. Kristen Hetland	168	1993 - 95

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Free Throws Attempted:

Game:

1. Laura Kelly	20	1994 vs St. Marys
2. Kathy Zaun	19	1983 vs Jamestown
3. Jessica Trautwein	17	2001 vs Bismarck
3. Tonah Paulson	17	1990 vs Jamestown
3. Michelle Pugh	17	1980 vs West Fargo
4. Kasey Bostow	16	1997 vs Red River
4. Tonah Paulson	16	1991 vs Fargo North
4. Erica Hanson	16	1989 vs Valley City
5. Jessica Trautwein	15	2001 vs Devils Lake
5. Erica Hanson	15	1989 vs Red River
5. Sue Hanson	15	1986 vs Shanley
5. Sue Hanson	15	1985 vs GF Central
5. Pam Bergerson	15	1981 vs Fargo North
5. Janelle Lende	15	1981 vs Wahpeton

Season:

1. Erica Hanson	195	1989
2. Mel Hageman	191	2003-04
3. Laura Kelly	174	1994
4. Jessica Trautwein	166	2001
5. Mel Hageman	159	2002 - 03
6. Sue Hanson	153	1985
7. Jessica Trautwein	148	2002 - 03
8. Kasey Bostow	140	1997
9. Kristi Kilander	137	1999
10. Sara Weigel	135	1995

Career:

1. Mel Hageman	455	2001-04
2. Jessica Trautwein	439	2000 - 03
3. Erica Hanson	407	1987 - 89
4. Laura Kelly	397	1991 - 94
5. Tonah Paulson	330	1989 - 92
6. Kasey Bostow	324	1996 - 98
6. Sue Hanson	324	1984 - 86
8. Tamar Elias	331	1996 - 99
9. Kristi Kilander	257	1997 - 99
10. Michelle Pugh	254	1978 - 80

Free Throws Percentage:

Season: (at least 40 free throws attempted)

1. Sue Hanson	87%	1986
2. Joslynn Tharaldson	86%	2004-05
2. Amy Hannaher	84%	2002 - 03
3. Katie Thingelstad	82%	1993-04
4. Joslynn Tharaldson	81%	2003-04
4. Jenny Olsen	81%	1994
4. Elisha Kabanuk	81%	1992
7. Renae Whitford	80%	1999
7. Lana Fetzer	80%	1989
9. Katie Thorson	79%	2006-07

Career: (at least 80 free throws attempted)

1. Joslynn Tharaldson	83%	2001 - 05
2. Sue Hanson	79%	1984 - 86
3. Elisha Kabanuk	75%	1990 - 93
4. Jenny Olsen	74%	1991 - 94
5. Alley Fisher	74%	2007 -
6. Mel Hageman	73%	2001 - 04
7. Kasey Bostow	73%	1996 - 98
8. Lyndsey Sauvageau	72%	2002 - 06
9. Caitlyn Haring	71%	2006 - 09
10. Renae Whitford	71%	1996 - 99
10. Jane Ruliffson	71%	1985 - 87

Rebounds:

Game:

1. Terri Hambrecht	23	1985 vs Shanley
2. Terri Hambrecht	21	1985 vs West Fargo
3. Caitlyn Haring	20	2008 vs Shanley
3. Jessica Trautwein	20	2003 vs Shanley
3. Pam Bergerson	20	1980 vs Wahpeton
3. Beth Lamers	20	1981 vs GF Central

Season:

1. Jessica Trautwein	237	2002-03
2. Jessica Trautwein	230	2001
3. Terri Hambrecht	218	1985
4. Caitlyn Haring	213	2007-08
5. Laura Kelly	204	1994
6. Mel Hageman	191	2002-03
7. Kristi Kilander	187	1999
8. Mel Hageman	183	2003-04
9. Amy Walstad	182	1986
10. Katie Lee	181	2008-09
10. Elisha Kabanuk	181	1993
10. Michelle Pugh	181	1980

Career:

1. Jessica Trautwein	637	2000 - 03
2. Laura Kelly	584	1991 - 94
3. Mel Hageman	543	2001 - 04
4. Caitlyn Haring	518	2006 - 09
4. Erica Hanson	494	1987 - 89
5. Terri Hambrecht	470	1983 - 85
6. Kasey Bostow	453	1996 - 98
7. Elisha Kabanuk	445	1990 - 93
8. Kristi Kilander	441	1997 - 99
9. Tamar Elias	418	1996 - 99

Assists:

Game:

1. Kim Wagner	16	1986 vs Fargo North
2. Caitlyn Haring	15	2008 vs Valley City
3. Siri Burck	14	2009 vs Devils Lake
3. Caitlyn Haring	14	2009 vs GF Red River
3. Kim Wagner	14	1986 vs West Fargo
6. Tonah Paulson	13	1992 vs GF Central
7. Caitlyn Haring	12	2008 vs Century
7. Micaela Bentson	12	1994 vs Bismarck
7. Micaela Bentson	12	1994 vs Jamestown
10. Siri Burck	11	2009 vs Fargo North
10. Micaela Bentson	11	1994 (3 times)
10. Tonah Paulson	11	1992 vs Valley City
10. Micaela Bentson	11	1993 vs GF Central
10. Elisha Kabanuk	11	1993 vs GF Central

Season:

1. Micaela Bentson	177	1994
2. Caitlyn Haring	156	2008-09
3. Siri Burck	155	2008-09
4. Alicia Calkins	153	2001
5. Kim Wagner	152	1986
6. Cammi Greenheck	151	2005-06
7. Caitlyn Haring	148	2007-08
8. Caitlyn Haring	135	2006-07
9. Micaela Bentson	131	1993
10. Tonah Paulson	130	1992

Career:

1. Caitlyn Haring	439	2006 - 09
2. Micaela Bentson	418	1993 - 95
3. Cammi Greenheck	351	2003 - 06
4. Tonah Paulson	334	1989 - 92
5. Kim Wagner	318	1983 - 86
6. Siri Burck	308	2006 -
7. Tamar Elias	248	1996 - 99
8. Alicia Calkins	243	1999 - 01
9. Elisha Kabanuk	236	1990 - 93
9. Amy Triepke	220	1995 - 97
10. Renae Whitford	206	1996 - 99

Steals:

Game:

1. Cammi Greenheck	12	2004 vs Devils Lake
2. Caitlyn Haring	11	2009 vs Moorhead
3. Caitlyn Haring	10	2009 vs Devils Lake
3. Micaela Bentson	10	1994 vs Wahpeton
5. Caitlyn Haring	9	2008 vs West Fargo
5. Caitlyn Haring	9	2009 vs Valley City
5. Tonah Paulson	9	1992 vs St. Marys
5. Cindy Pugh	9	1977 vs North
9. Siri Burck	8	2009 vs GF Central
9. Caitlyn Haring	8	2008 vs Jamestown
9. Caitlyn Haring	8	2008 vs Shanley
9. Alicia Calkins	8	2001 vs Shanley
9. Tamar Elias	8	1998 vs North
9. Kim Wagner	8	1985 vs Jamestown
9. Tara Rheault	8	1992 vs Valley City

Season:

1. Caitlyn Haring	115	2008-09
2. Caitlyn Haring	112	2007-08
3. Meghan Roehrich	104	2008-09
4. Alicia Calkins	106	2001
5. Siri Burck	99	2008-09
6. Caitlyn Haring	94	2006-07
7. Micaela Bentson	83	1995
8. Cammi Greenheck	81	2003-04
8. Micaela Bentson	81	1994
10. Tara Rheault	78	1992
10. Tonah Paulson	78	1991

Career:

1. Caitlyn Haring	321	2006 - 09
2. Siri Burck	221	2006 -
3. Micaela Bentson	223	1993 - 95
4. Tonah Paulson	205	1989 - 92
5. Cammi Greenheck	201	2003 - 06
6. Tamar Elias	198	1996 - 99
7. Alicia Calkins	188	1999 - 01
8. Renae Whitford	170	1996 - 99
9. Elisha Kabanuk	166	1990 - 93
10. Lindsay Hewitt	160	1996 - 99

E.D.C. Champions

1988, 1992, 1993, 1994, 1999,
2003-04, 2004-05, 2007-08, 2008-09

East Region Champions

1986, 1993, 1995, 1997, 2004, 2006,
2007, 2008, 2009